

## Mentoring, Delegating, and Coaching for Optimal Performance

Effective delegation is one of the keys to being able to manage our time. One of the most common excuses for not delegating is that "it's faster to just do it myself". When you find yourself saying this it may be time for some coaching. You need to be able to delegate clearly and efficiently, and you also need to be able to mentor your people without micromanaging.

In this session we will discuss the keys to effective delegation, and give you some tips for optimal and efficient mentoring and coaching.